

EIGHT STATEMENTS

Write these eight statements on large strips of colored paper.

(These are part of "My Method.")

- * Talking through a problem is all I need to solve it.
- * I can fix it by myself.
- * I'll just ask my pastor for the answer to my problem.
- * God will give me an immediate answer.

(These are part of "God's Method.")

- + Listening to a suffering friend is important.
- + I need to ask God for help.
- + Even though God is all I need, He may use people to help me, too.
- + I must learn to wait on God for answers.