

It's About Time!

- Give out pencils and copies of the schedule below.
- Ask participants to fill in how much time they spend in various activities. They should include job, work around the house, time in Bible study and prayer, etc.
- Say: "Our schedules show what is most important to us." Talk together about how being self-centered or selfless shows up in our daily use of time.

It's About Time!

	SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
Midnight							
1:00 A.M.							
2:00 A.M.							
3:00 A.M.							
4:00 A.M.							
5:00 A.M.							
6:00 A.M.							
7:00 A.M.							
8:00 A.M.							
9:00 A.M.							
10:00 A.M.							
11:00 A.M.							
Noon							
1:00 P.M.							
2:00 P.M.							
3:00 P.M.							
4:00 P.M.							
5:00 P.M.							
6:00 P.M.							
7:00 P.M.							
8:00 P.M.							
9:00 P.M.							
10:00 P.M.							
11:00 P.M.							